CONCRETE PAVEMENT DESIGN AND SUSTAINABILITY



2012 NWPMA CONFERENCE

October 23, 2012 Vancouver, WA

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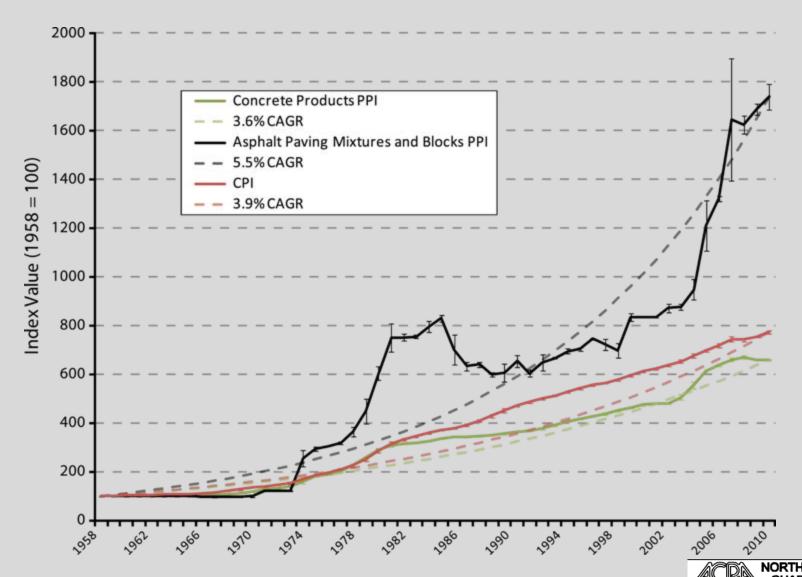
Executive Director

American Concrete Pavement Association, Northwest Chapter





The New Paving Reality



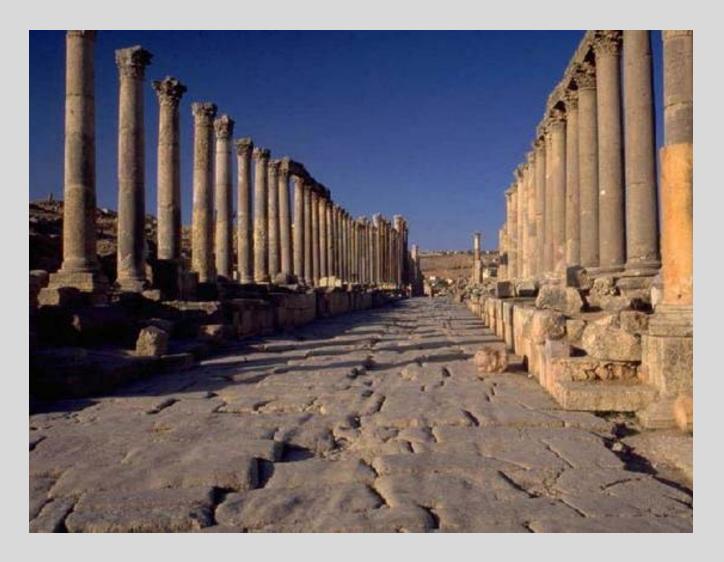


Concrete Pavement Sustainability

- Longevity is the hallmark of concrete pavements
 - >50 year old pavements common...
- Benefits beyond longevity



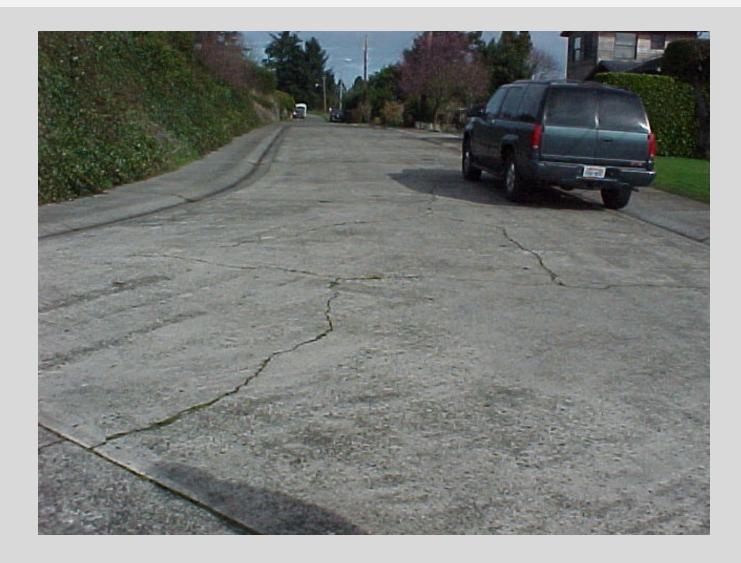
Concrete Pavement Longevity







Concrete Pavement Longevity







Concrete Pavement Longevity







Benefits of Longevity

- Less-frequent reconstruction
- Lower consumption of raw materials
 - Cement, aggregates, steel
- Less Congestion



Benefits of Longevity

- Reduction in pollutants
 - Manufacturing, construction, congestion
- Infrequent construction zones
- Real economic benefits...



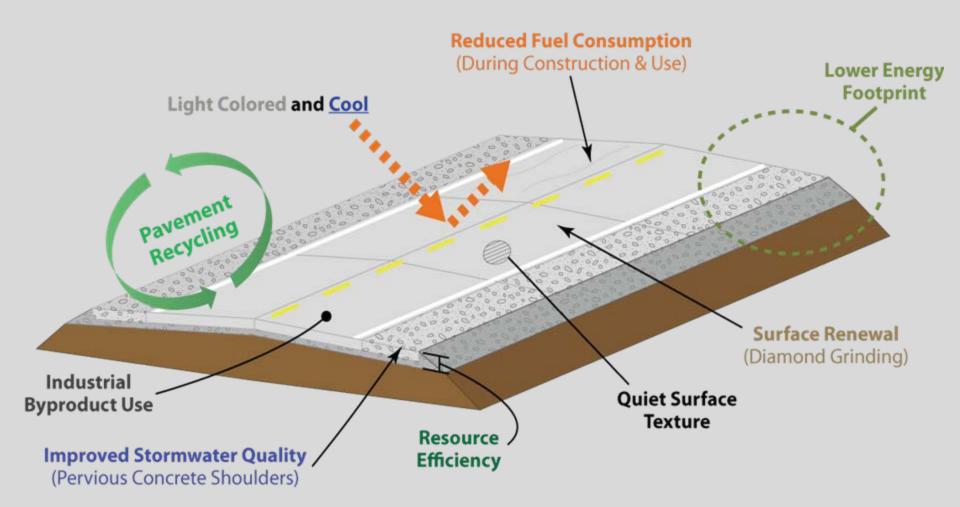
Raw Materials Savings

- Equivalent Sections
 - 8" HMA on 12" CSBC
 - 10 ½ " PCCP on 4" CSBC
- Future Overlays
 - − 2" mill and fill every 10 − 15 years
- Savings of 2,200 tons/lane mile over 50 years





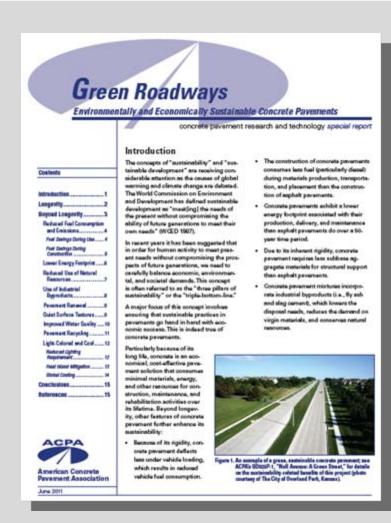
Sustainable Benefits *Beyond*Longevity





Sustainability and Roadways?

- ACPA Special Report on Green Roadways...
 - Emphasizes longevity as the primary opportunity!!





What are we currently focusing on?

- Sustainability programs and rating systems have emerged for pavements.
 - GreenRoads (rate roadways, not an LCA)
 - FHWA Self Evaluation Tool (rating)
 - FHWA Sustainable Pavements TWG
 - ISI Envision (rating)
- Relate to production/construction phases
- Little is focused on the long-term use or operational phase of its life-cycle!





• Clarification:

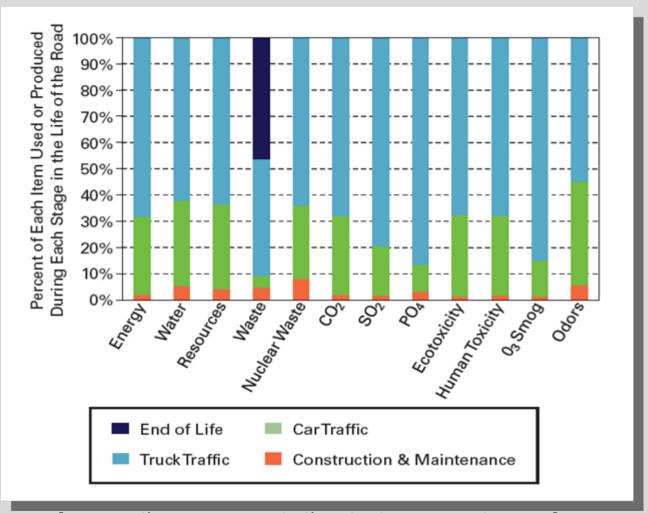
All the commonly adopted sustainability strategies are important and should be embraced!

- ...though, it is useful to know where we can be most impactful.
- Recent comprehensive LCA studies are giving us clues as to where that is...





Ecoprofile of different life cycle stages of a typical road



[Centre d'Energetique de l'Ecole des Mines de Paris]

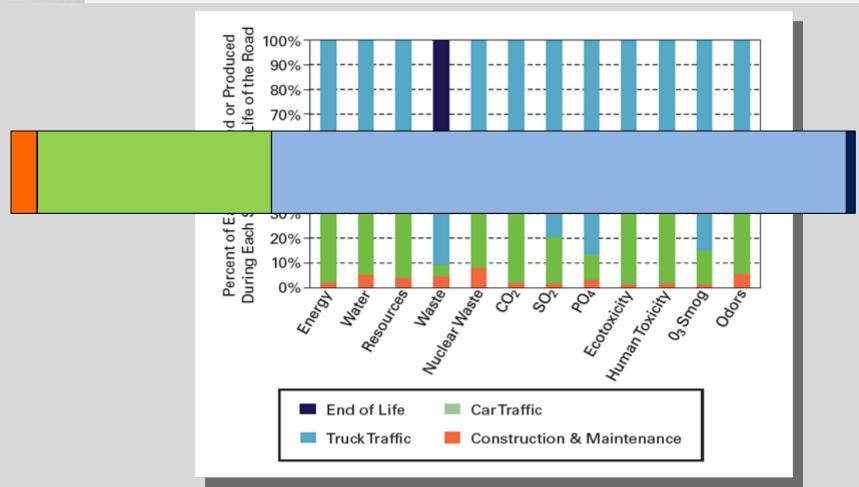




- From this LCA we see:
 - Overall impacts from use-phase dwarfs impacts from ALL other phases of the roadway life cycle
 - From energy perspective... construction and maintenance accounts for less than 2% of the entire energy footprint [EAPA 2004]
- Therefore (as an example):
 - Just a 2-3% improvement in the truck/car portion of the ecoprofile could offset the entire construction and maintenance ecoprofile!



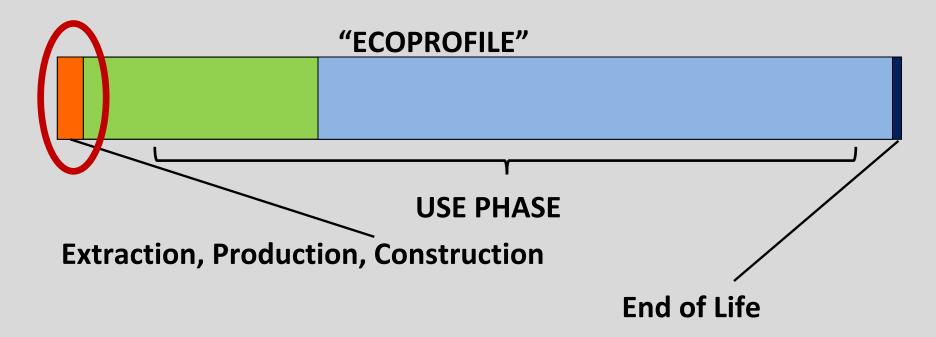




[Centre d'Energetique de l'Ecole des Mines de Paris]





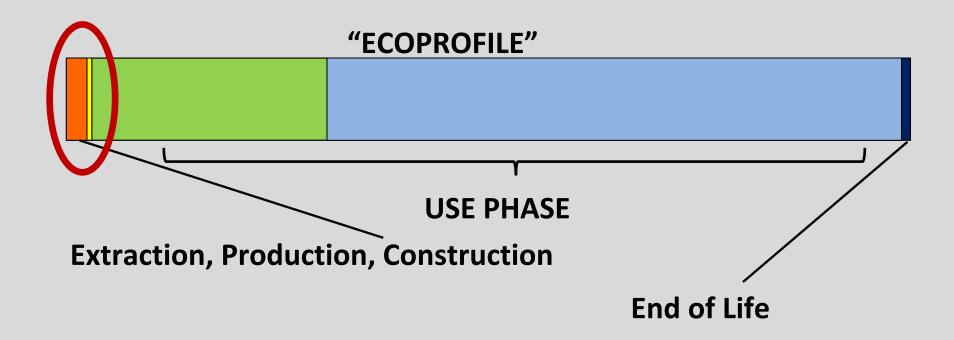


Where do our "conventional" sustainability tools fit in this ecoprofile?

RCA, RAP, Flyash, Slag, Warm Mix?





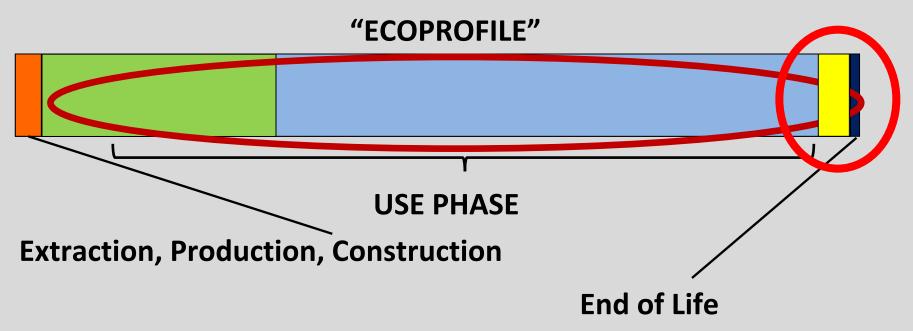


SO... if we make a 30% improvement in the production energy footprint ...

...that small sliver would be the impact on the entire life-cycle "ecoprofile"!







However, what if we can find a way to reduce the use-phase portion by, say 5%?

This yellow area would represent the overall impact...





What are these use/operational-phase impacts?

Vehicle fuel consumption rates

- Pavement rigidity
- Pavement smoothness

Pavement surface reflectivity (albedo)

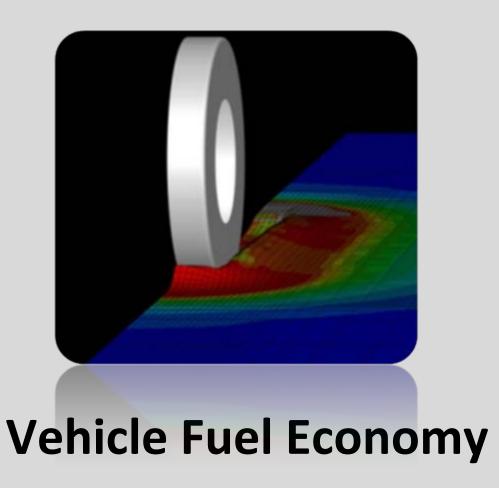
- Urban heat island mitigation
- Lighting need
- Global cooling potential







Are we Focusing on the Right Things?







Vehicle Fuel Economy

- Rigid Surface
 - → Lower Deflection
 → Less Loss
- In-depth study by National Research Council Canada
- Significant fuel consumption reductions for trucks on concrete pavement (0.8-6.9%)
- Sweden, UTA, NCHRP,
 MIT



Conseil national de recherches Canada

Centre for Surface Transportation Technology Centre de technologie des transports de surface

MC.CMC

Test Report

Effects of Pavement Structure on Vehicle Fuel Consumption – Phase III

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National Research Council of Canada (NRC)
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Prepared for:

Cement Association of Canada; and Natural Resources Canada Action Plan 2000 on Climate Change

January 27, 2006

Project 54-HV775
Technical Report CSTT-HVC-TR-068

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Vehicle Fuel Economy

US DOT data

- US truck fuel consumption billion gallons per year
- With just a 3% improvement on roughly 50% of the network, savings would amount to...
 - ... approx **585 million gallons of diesel/yr** (13.5 billion lbs CO₂ eq. and \$2.3 billion)
- Additional savings from lighter vans, cars, etc.





Vehicle Fuel Economy

- Smoothness smooth roads are fuel efficient roads.
 - Should **specify** and **construct** smooth concrete pavements
 - FHWA reported a 4.5% improvement in fuel economy (trucks) with smoothness (IRI) improving from 152in/mile to 76in/mile ('00).
 - Ongoing work as well at MIT and NCHRP.
 - Applies not just to new pavements must maintain smoothness. Pavement renewal!





Are we Focusing on the Right Things?



Surface Reflectivity





Surface Reflectivity - Lighting

Enhanced Nighttime Visibility:

Improved pedestrian and

vehicle safety

Reduced lighting & energy requirement:

- Fewer fixtures/watts
- Up to 33% reduction
- AASHTO 40% lower
- Huge budget impact!



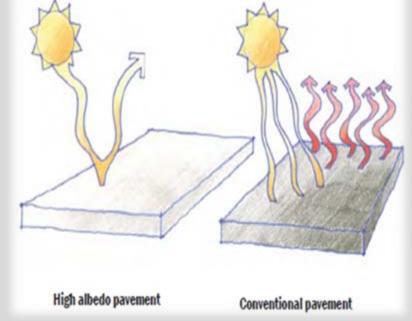


Surface Reflectivity

Urban Heat Island Mitigation:

 Urban areas up to 9°F warmer due to UHI resulting in greater energy use and resulting pollution

- PCCP is an effective mitigation strategy
 - lower city temperatures
 - lower cooling costs
 - reduce smog formation
- Pot. energy savings \$2B in US alone(LBNL'08)

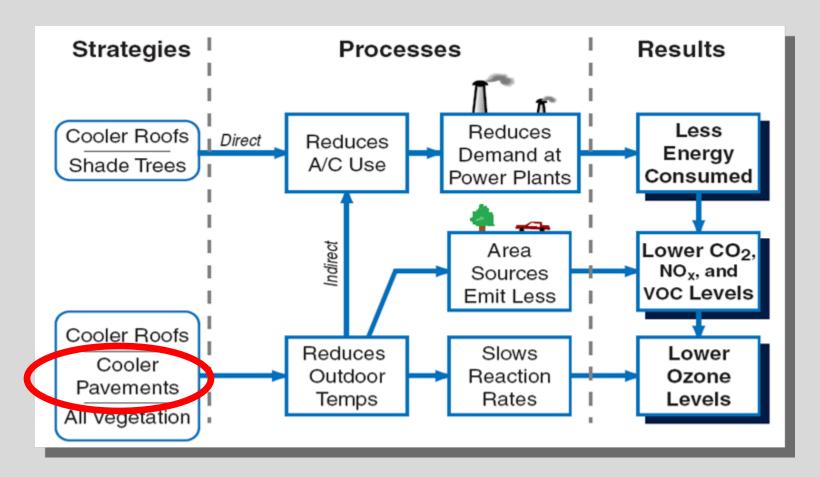






Surface Reflectivity

• 5th CA Climate Change Conference (*LBNL and CEC*)







Surface Reflectivity

Concept is that earth is <u>not</u> a closed system



- Reflective materials on earth's surface (snow, ice, concrete) return more of sun's energy back into space reducing temperatures
- This amounts to the equivalent of CO₂ reduction (offset)





Global Cooling

- Cities 1% of global land area
- 60% cities=roofs/pavements
- Cool roofs and pavements (concrete) can increase urban albedo by 0.1, and in turn induce negative radiative forcing....
- If implemented in 100 largest cities in world, this can offset 44Gt of emitted CO₂ (\$1.1 trillion at \$25/ton) proposal to UN considered.





Pavement Engineering

...the art of molding materials we do not wholly understand into shapes we cannot precisely analyze so as to withstand forces we cannot assess in such a way that the community at large has no reason to suspect our ignorance.





Thickness Design

- The new pavement will be built in the future, on subgrades often not yet exposed or accessible, using materials not yet manufactured from sources not yet identified, by a contractor who submitted the successful "low dollar" bid, employing unidentified personnel and procedures under climatic conditions that are frequently less than ideal.
- Measure with a micrometer, mark with a grease pencil and cut with an axe... we design to 100th of an inch, round up to nearest ½" and then contractor overbuilds thickness and uses materials with higher than necessary strength to ensure pay.
- How many concrete pavements fail because of thickness?





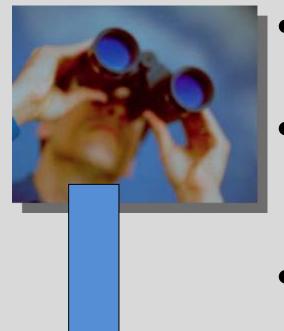
Mechanistic Design

- A purely scientific approach
- Relies on mechanics of structural behavior to loading
- Requires knowledge of fundamental material properties
- Requires knowing (precisely) the geometric properties of the structure





Empirical Design



- Based on results of experiments or experience
- Requires many observations to establish links between design variables and performance
- Does not require establishing a scientific basis for observed relationships

Cracking = loads + environment + material + this + that



Introduction to the WinPAS Design Procedure

The AASH(T)O Road Test



AASHO Road Test

Conceived and sponsored by the American Association of State Highway Officials to study the performance of pavement structures of known thickness under moving loads of known magnitude and frequency.

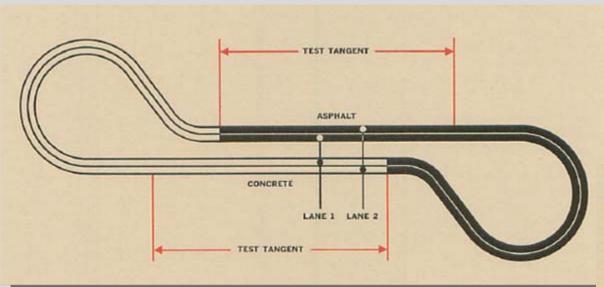


AASHO Road Test (1958-1960)

- Third Large Scale Road Test
 - Maryland Road Test (1950-51)
 Rigid Pavements Only
 - WASHO Road Test (1952-54)
 Flexible Pavements only
- Included both concrete and asphalt designs
- Included a wide range of axle loads and pavement cross-sections



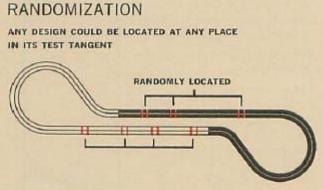
Typical AASHO Loop Layout

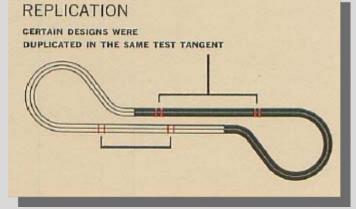


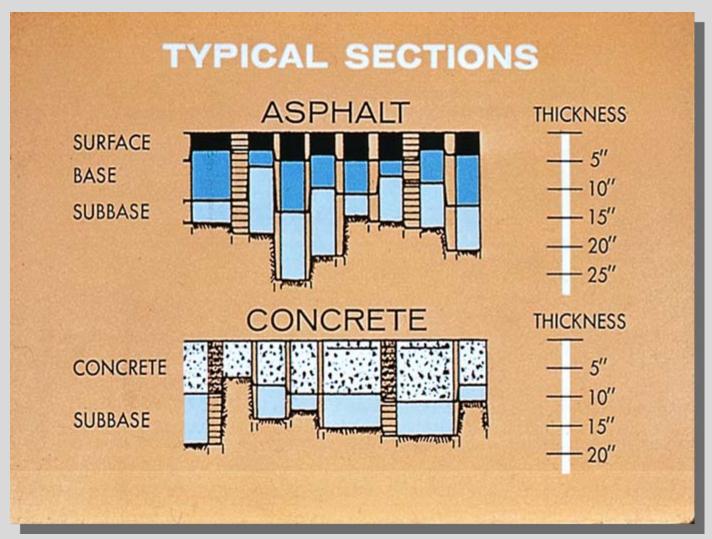
3 6 5 4 LOOP 2 LOOP 1 Test Tangent = 6,800 ft

368 rigid sections

468 flexible sections







<u>Subgrade = Clay Soil</u>

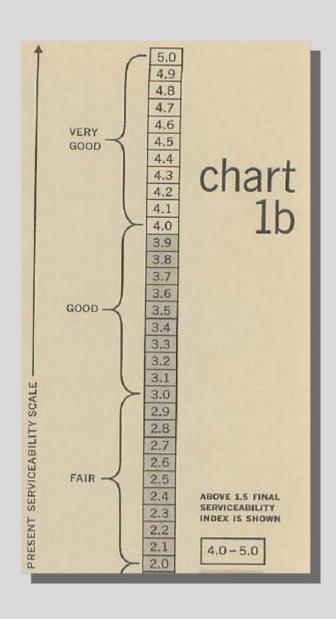
AASHO Test Traffic

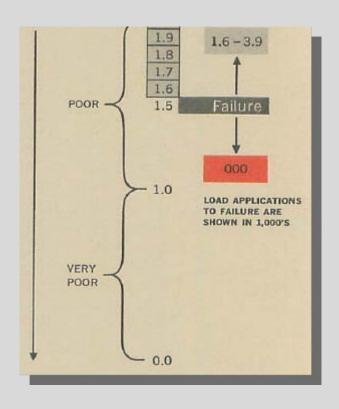
Max Single Axle

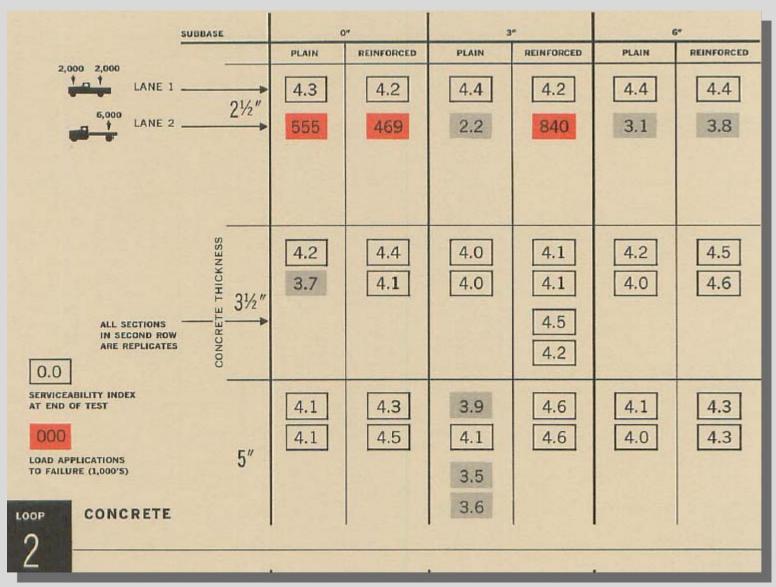


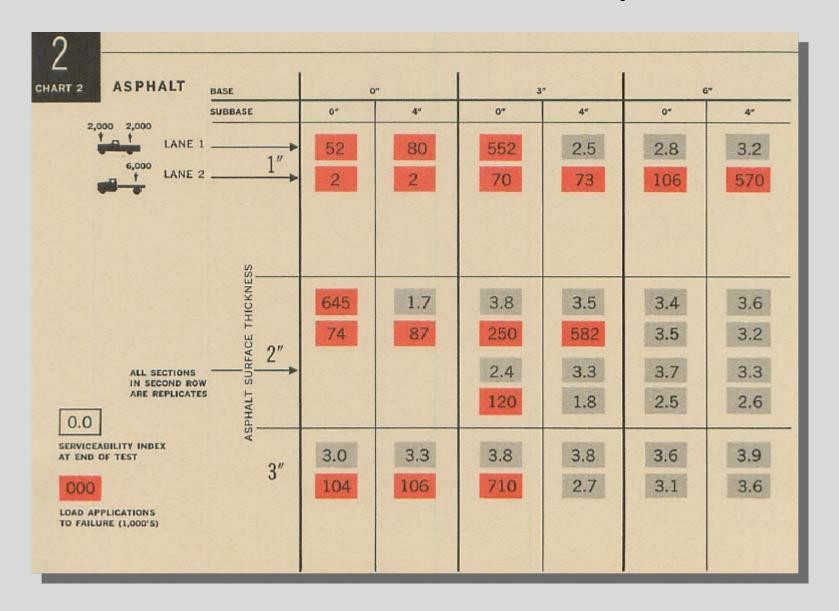


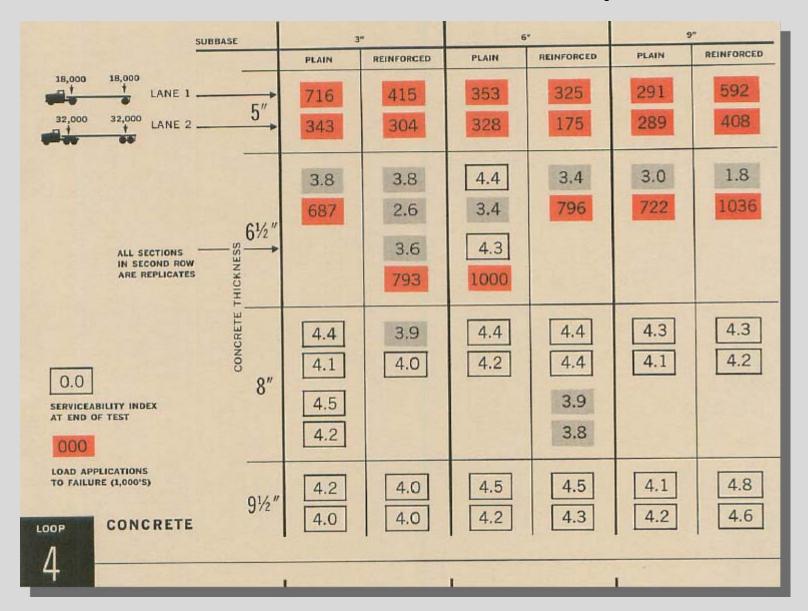
Performance Metric

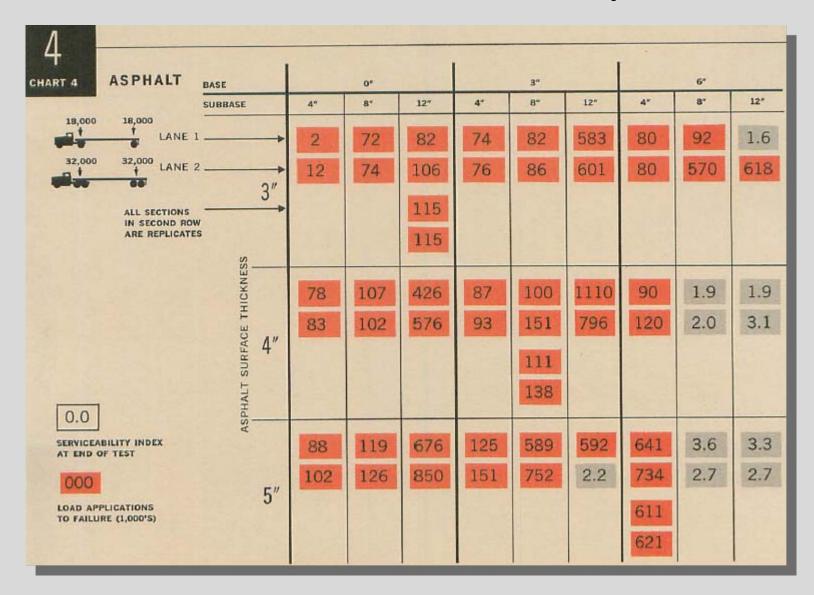


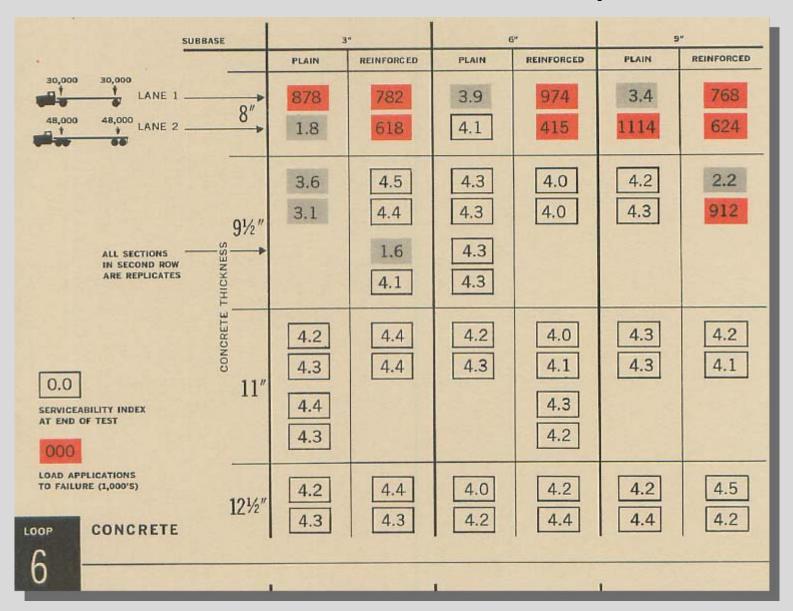


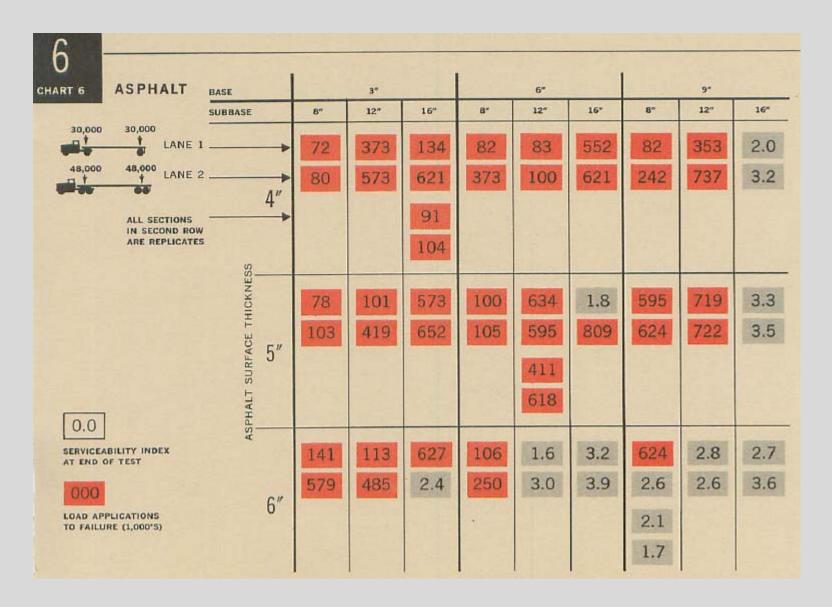




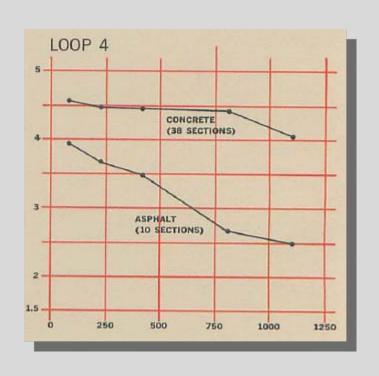


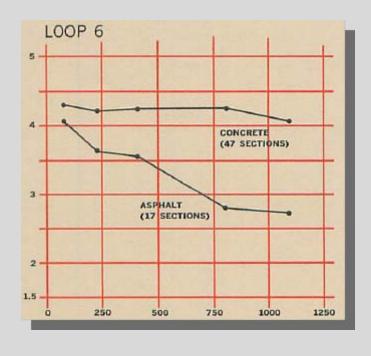




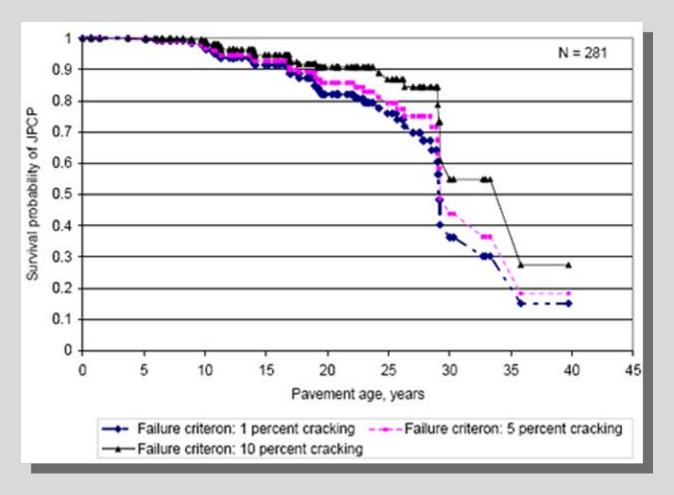


Some AASHO Results – Average Serviceability of Surviving Sections





LTTP JPCP Survival Curve

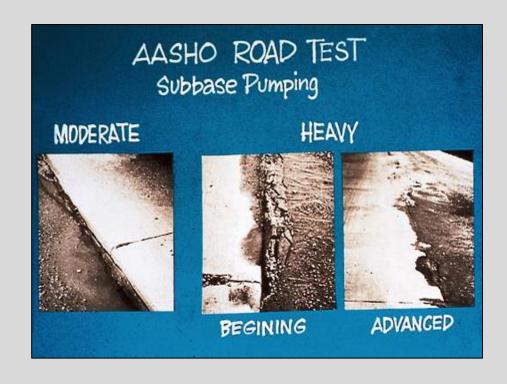


FHWA-HRT-07-019, Advanced Quality Systems: Guidelines for Establishing and Maintaining Construction Quality Databases, 2006 http://www.fhwa.dot.gov/pavement/concrete/pubs/07019/chapt5.cfm

AASHO Road Test Performance

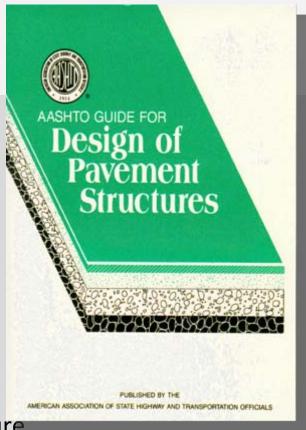
The primary mode of concrete pavement failure at the road test was loss of support in the poor clay soil.

All cracking of concrete pavements at the AASHO road test was preceded by the pumping of material from underneath the slab.



Improved designs (dowel, subbase, geotex, etc.) have solved this problem!





Introduction to the WinPAS Design Procedure

The AASHTO Pavement Design Method





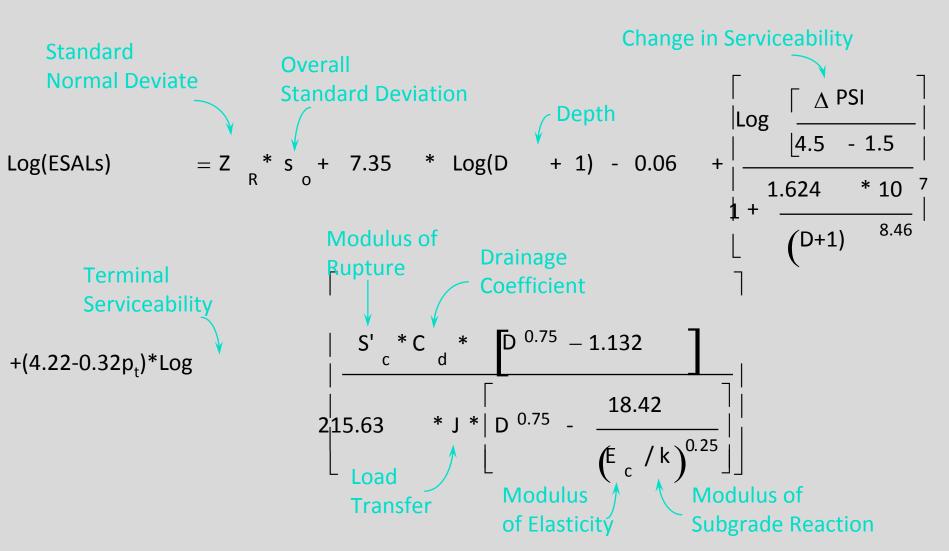
AASHTO Design Procedures & Changes

1961-62	AASHO Interim Guide for the Design of Rigid and Flexible Pavements
1972	AASHTO Interim Guide for the Design of Pavement Structures – Consolidate + update
1981	Revised Chapter III on Portland Cement Concrete Pavement Design – Minor revisions
1986	Guide for the Design of Pavement Structures - Major revisions to subgrade support; added overlays, reliability, LCCA, pavement management
1993	Revised Overlay Design Procedures – Addressed deficiencies in 86 overlay design; basis of WinPAS
2010	DARWin-ME TM – Mechanistic principles added





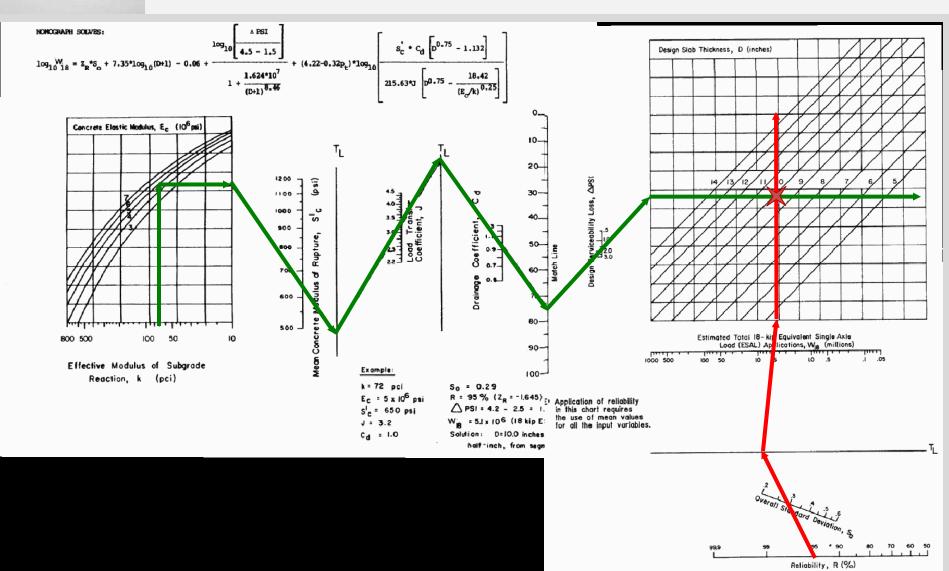
1986-93 Rigid Pavement Design Equation







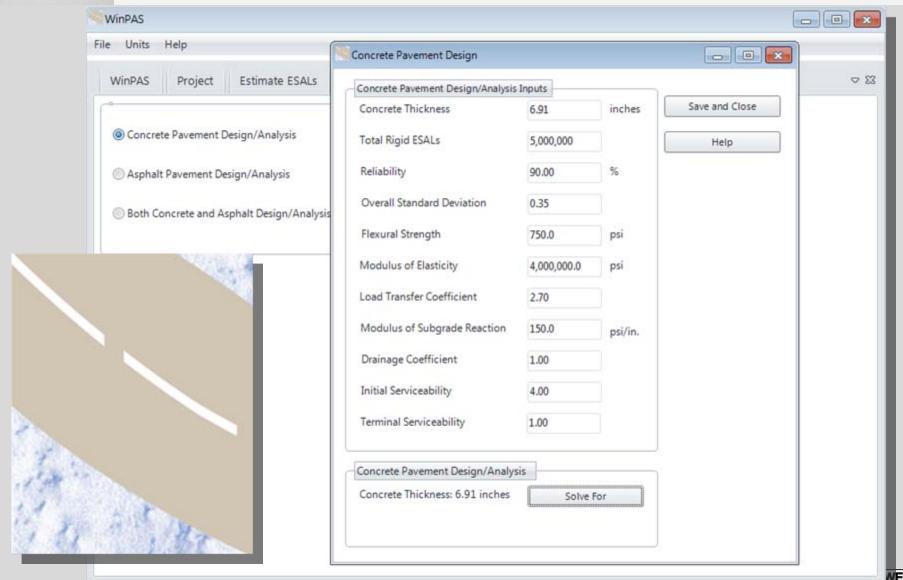
Rigid Design Nomograph



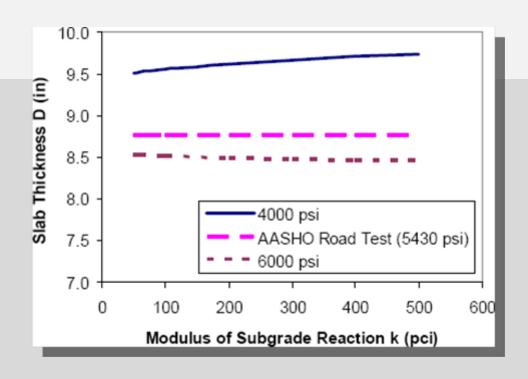




WinPAS Makes it Easy







Introduction to the WinPAS Design Procedure

AASHTO 93 Sensitivity





1986-93 RIGID PAVEMENT DESIGN

Factors Affecting Rigid Pavements

Thickness

Serviceability (p_o, p_t)

Traffic (ESALs, E-18s)

Load Transfer (J)

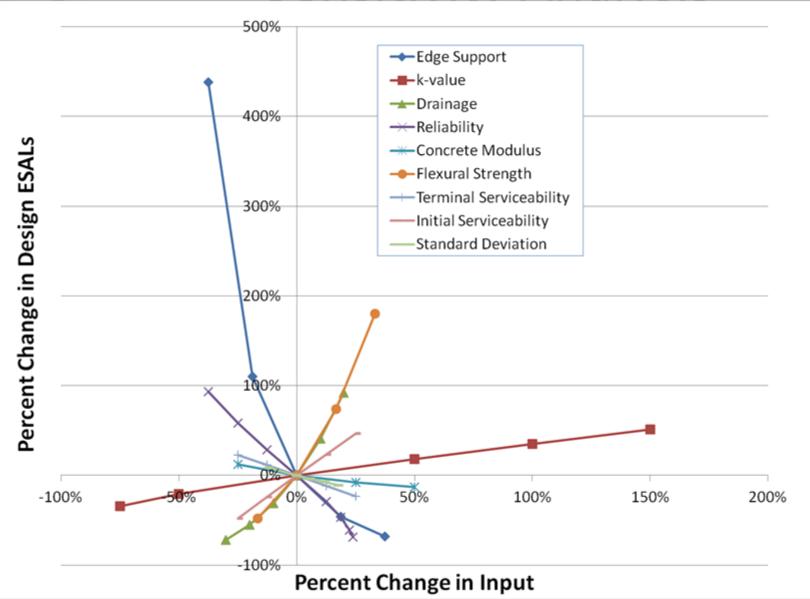
Concrete Properties (S'_c, E_c)

Subgrade Strength (k, LS)

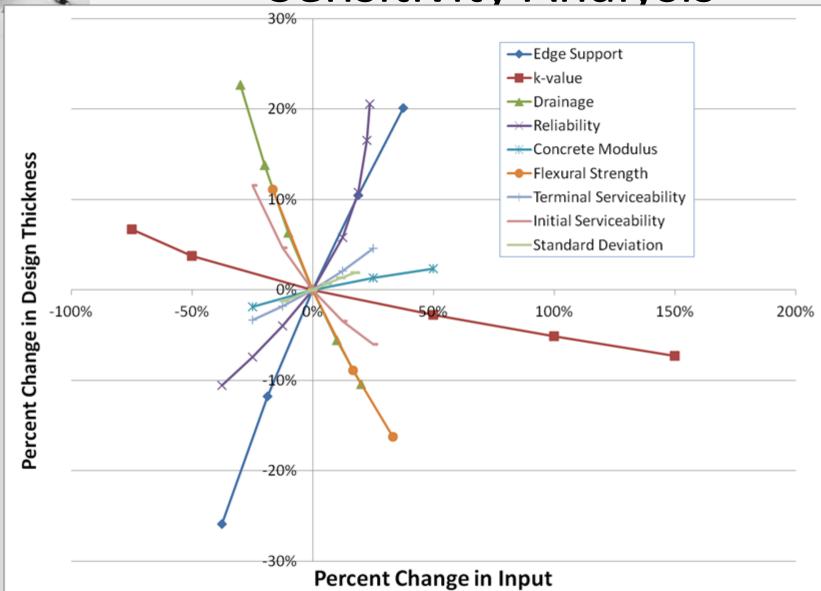
Drainage (C_d)

Reliability (R, s_o)

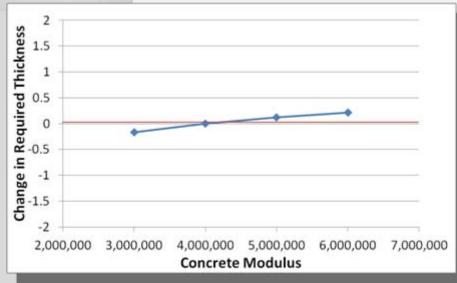


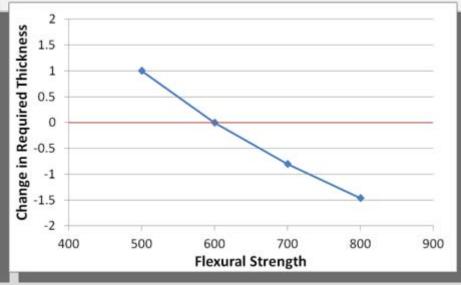


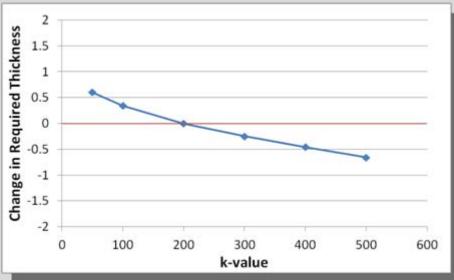


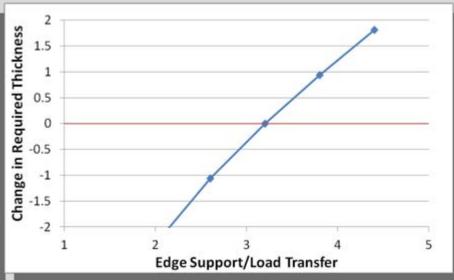






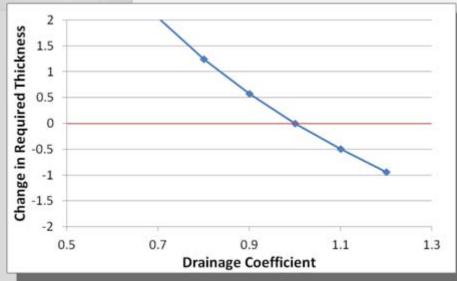


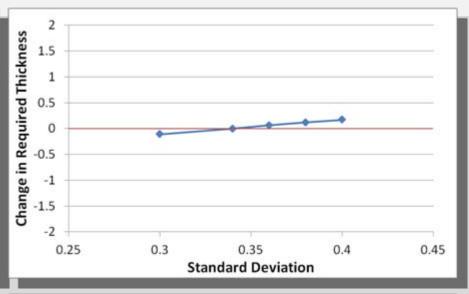




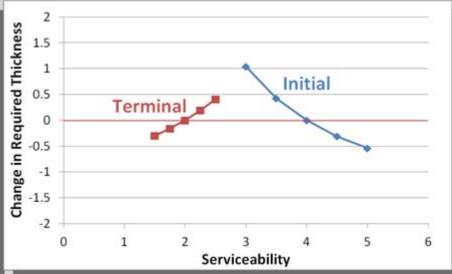














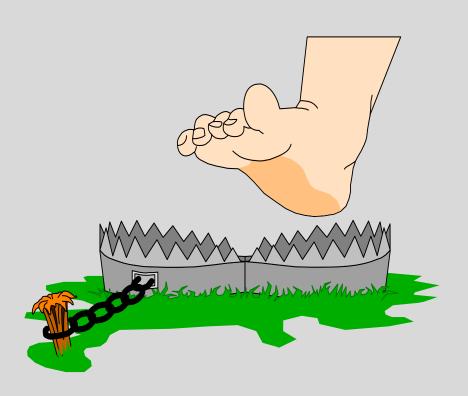


Introduction to the WinPAS Design Procedure

A Few Things to Watch



AASHTO DESIGN Beware of Bear Traps



BEAR TRAPS

- Over conservative inputs
- Nonsensical inputs
- Poor relationships
- Fudge factors

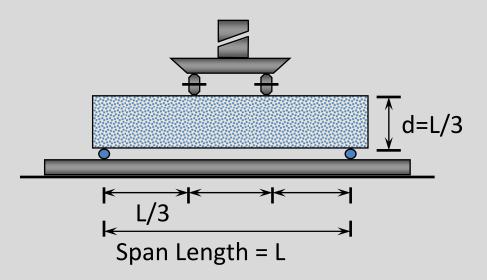
Assigning improper values can create over-conservative designs... junk in = junk out



Concrete Strength

Use average, in-field strength for design (not min specified)

Third-point Loading



If specify minimum flexural strength at 28-day of 550 psi & allow 10% of beams to fall below minimum:

STEP 1

Estimate SDEV:

9% for typical ready mix.

STEP 2

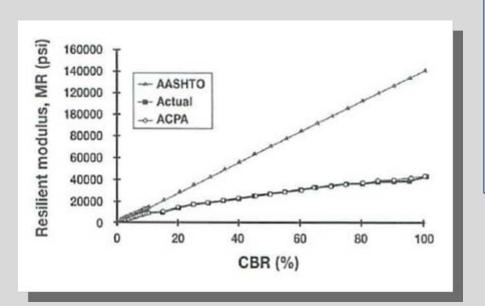
$$S'c_{design} = 550 + 1.282 * 50$$





Subgrade Soil Relationships

Be careful when using the AASHTO subgrade soil relationships



$$M_R = 1,500 * CBR$$

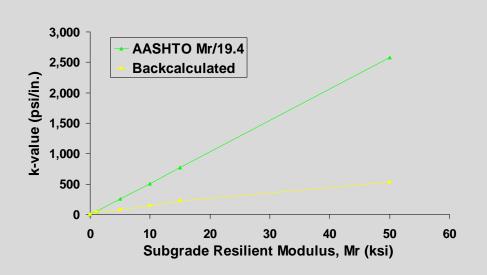
 $M_R = 1,000 + 500 * R$

These relationships given in the guide between M_R and CBR and R-values over estimates actual M_R values.



k-Value Determination

The relationships between k and MR (base - no base) give inconsistent results



For Example, Assume $M_R = 12,000$ psi with no-base $k = M_R / 19.4 = 619$ psi/in with 6 in. granular base k = 574 psi/in As the M_R value increases, the

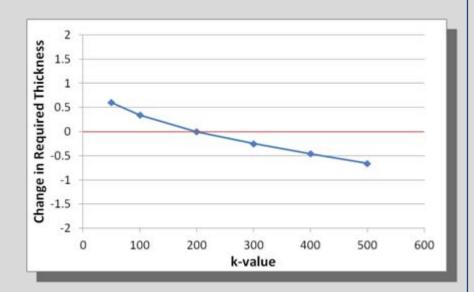
Neither value is very realistic. Historical values are 150-250 psi/in.

difference becomes greater.



k-Value Determination

Don't get hung up on k-value as a designer



Natural subgrade ≈ 100 psi/in.

Granular subbase ≈ 150 psi/in.

Asphalt-treated subbase ≈ 300 psi/in.

Cement-treated subbase ≈ 500 psi/in.

Extra effort to test and collect detailed k-value info likely not worth the cost... concentrate on other inputs!



Loss of Support

Use Loss of Support = 0
(otherwise your using a huge fudge factor)

LL.2 LOSS OF SUPPORT

A theoretical attempt is made to evaluate the effects of the loss of support on pavement performance. This factor essentially defines the size of the area of pavement slab which experiences a complete loss of support due to erosion. Based on experience

All cracking of rigid pavements at the AASHO road test were preceded by the pumping of material from underneath the slab.

The primary mode of failure at the road test was loss of support in the poor clay soil.

Therefore, AASHTO design equations already account for support loss.





Subgrade Strength

Start with the in-situ subgrade soil (not a stabilized soil)



If designing a roadway on a clay soil that you intend to lime stabilize 6 in.:

FIRST: Determine k and Mr for clay:

-typical clay; k = 100 psi/in

-Mr = k * 19.4 = 1,940 psi

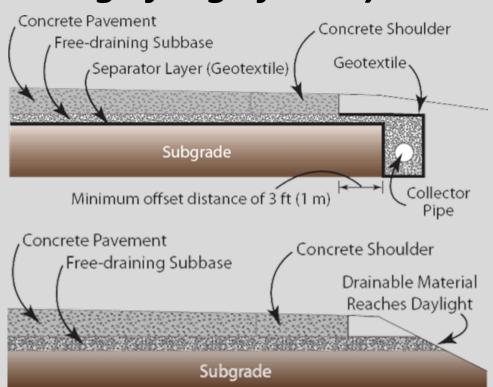
Second: Determine k composite starting with k = 100 & add 6-inch layer w/typical E for lime soil (30,000 psi).

k composite = 131 psi/in



Drainage

Use drainage coeff > 1.0 (otherwise using a huge fudge factor)



The subgrade soil at the AASHO road test was a very poorly draining clay soil.

Therefore the AASHTO design equations already account for a poor drainage condition.

Modern open-graded bases and more free-draining soils are design options which can be modeled with C_d > 1.0





Reliability

Never compare designs at different reliabilities (reliability = factor of safety)

Reliability (R)	Z _R standard normal deviate
50	-0.000
75	-0.674
90	-1.282
95	-1.645
99	-2.327

Another way to think about reliability is to consider that at 90% reliability, only 10% of the pavement will have "failed" by the end of the design period.

If you are comparing a new concrete section to a new asphalt section use the same reliability for each.

No need for conservatism in other inputs! Use best in-place guess!

If evaluating pavement, use reliability of 50%.





Total ESALs

Never compare rigid and flexible ESALs

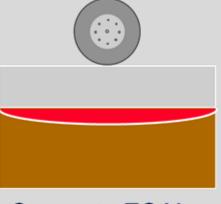
Because pavement responses are different, the load equivalency factors (LEFs) are different. When multiplying the traffic by the different equivalencies, you get different ESALs

34,000 lbs.

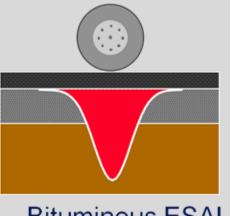
34,000 lbs.

Load appliles 12,000 lbs. to the subgrade.

pressure = 5 psi



Concrete ESAL 1.87



Bituminous ESAL 1.10

Load appliles 24,000 lbs. to the subgrade.

pressure = 30 psi





Example

WinPAS



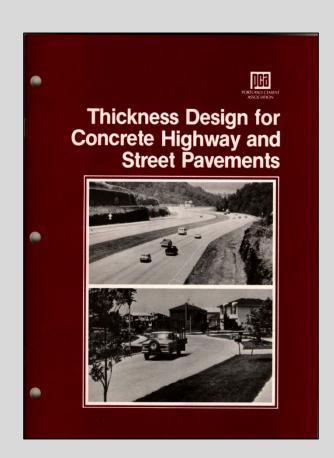
StreetPave Thickness Design Procedure

- Mechanistically based pavement design procedure
- Based on the PCA's pavement thickness design methodology
- Assesses adequacy of concrete thickness using both fatigue and erosion criteria



Background / Timeline

- PCA's thickness design methodology originally published in 1933 by Frank Sheets, updated in 1951, again in 1966
- Latest update was 1984 (EB109P)
- Developed PCAPAV program to do iterative thickness design with PC, latest version 1990





PCAPAV Mechanistic Concepts

Fatigue Analysis

- Stress determination originally based on Westergaard analysis
- Modified based on Pickett and Ray's work in 1951
- Equations developed based on JSLAB analysis
- MATS program used to account for subgrade extending beyond slab edges
- Based on edge load
- Calculates cumulative damage for each class of loads





PCAPAV Mechanistic Concepts

Erosion Analysis

- Primary mode of failure at AASHO was loss of support
- Calculates corner deflections and pressure on foundation
- Poor correlation w/ AASHO
- Modified to use power function for better correlation: (deflection x pressure)/radius of relative stiffness
- Correlated w/ AASHO, WI, MN, ND, GA, CA





Background / Timeline

- ACPA / PCA merged in 1993; ACPA takes control of all PCA products, software, publications pertaining to concrete pavements for roads, streets, airports
- ACPA published "Design of Concrete Pavement for City Streets" (IS184P) in 1992; thicknesses based on PCA
- ACPA formed a Technical Task Force in 2004 to investigate design procedure changes



Background / Timeline

- ACPA funded research in 2004 to improve the PCA design method to include:
 - Reliability
 - Tridem axle configurations





Objectives

- ACPA commissioned study to:
 - Expand, improve, and broaden the current PCA fatigue model by:
 - Including reliability as a user input
 - Replacing PCA models with a single model
 - Calibrate the enhanced PCA fatigue model with additional fatigue data from recently completed studies





Final PCC Fatigue Model

$$\log N_f = \left\lceil \frac{-SR^{-10.24} \log(1-p)}{0.0112} \right\rceil^{0.217}$$

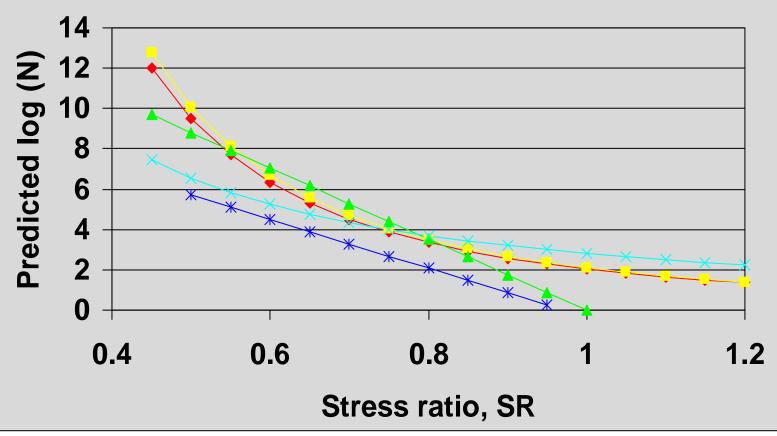
Model Statistics

$$N = 87$$

 $R^2 = 91$ percent
 $RMSE = 0.31$ (log N)



Model Comparison



- → StreetPave (R @ 50 pct) Salsilli (R @ 50 pct)

→ Zero-Maintenance

× NCHRP 1-26

* PCA

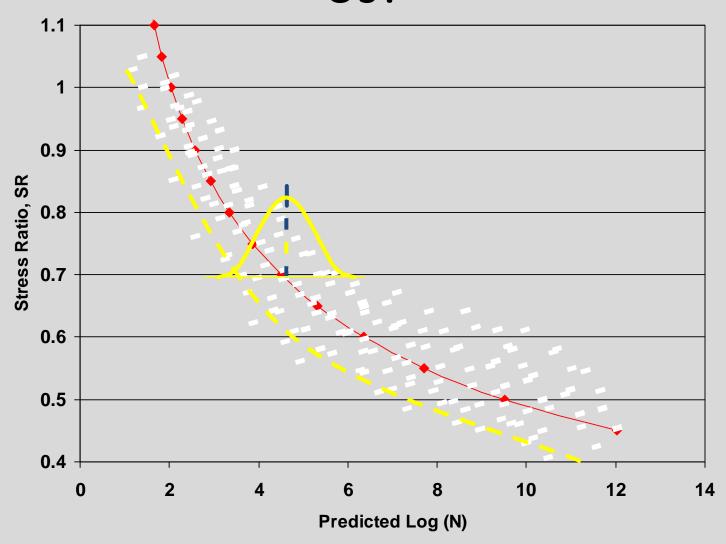


ARA Model Was Tweaked to Add a Cracking Component

- Based on compound probability
- In a universe of data...

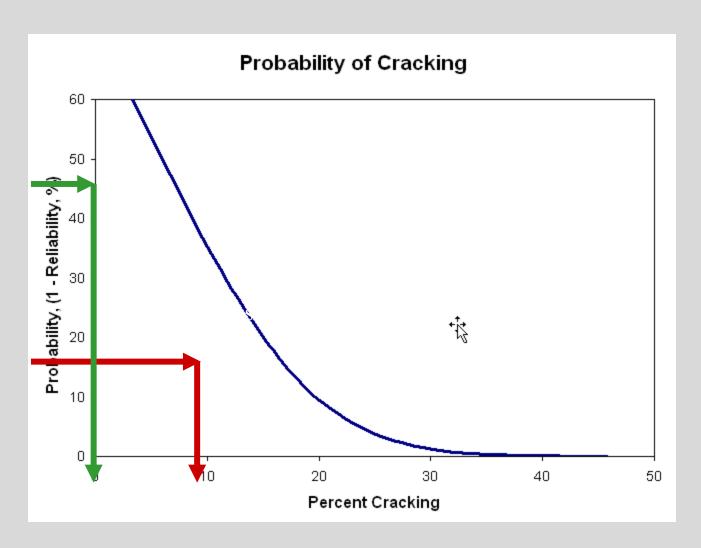
$$\log N_f = \left[\frac{-SR^{-10.24} \log(1 - p(\frac{C^{\%}}{0.50}))}{0.0112} \right]^{0.217}$$

What Do the Equations Really Tell Us?





Percent Allowable Cracking is a Consideration







Thickness Design for Streets

Basic Factors You Need

- Design Life
- Traffic
- Subgrade
- Concrete Strength
- Slab/Joint Design
- Reliability







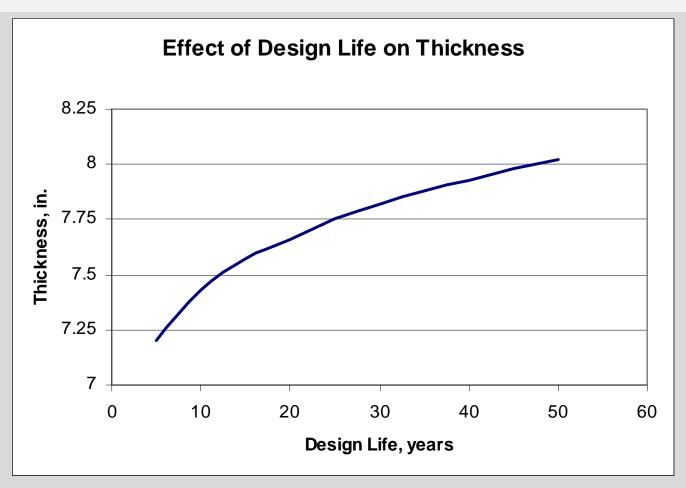
Design Life

- 20 to 35 years is commonly used
- Shorter or longer design period may be economically justified in some cases
 - High performance concrete pavements
 - Long-life pavements
 - A special haul road to be used for only a few years
 - Cross-overs
 - Temporary lanes





Design Life



Design Life = 20 yrs, Traffic Category = Major Arterial, ADTT = 1000, 2% Growth, k = 150, MR=600, E=4 mill psi, LT=Yes, ES=Yes, R = 85%, Cracking = 15%



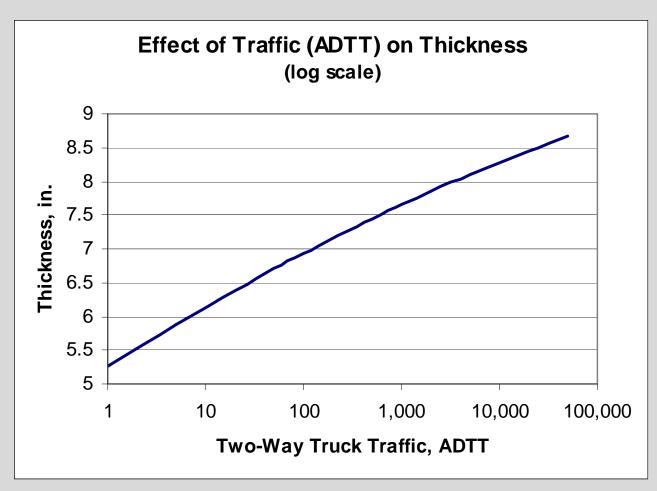


Traffic

- Numbers & weights of heavy axle loads expected during the design life
- ADT (average daily traffic in both directions)
- ADTT (average daily truck traffic in both directions)
 - Includes only trucks with six tires or more
 - Does not include panel and pickup trucks and other four-tire vehicles



Traffic



Design Life = 20 yrs, Traffic Category = Major Arterial, ADTT = 1000, 2% Growth, k = 150, MR=600, E=4 mill psi, LT=Yes, ES=Yes, R = 85%, Cracking = 15%





Subgrade Properties

- Plate-load test is rarely performed
 - Time-consuming & expensive
- Estimate k-value by correlation to other tests
 - e.g. California Bearing Ratio (CBR) or R-value tests
- Stabilized subbases increase k-value substantially





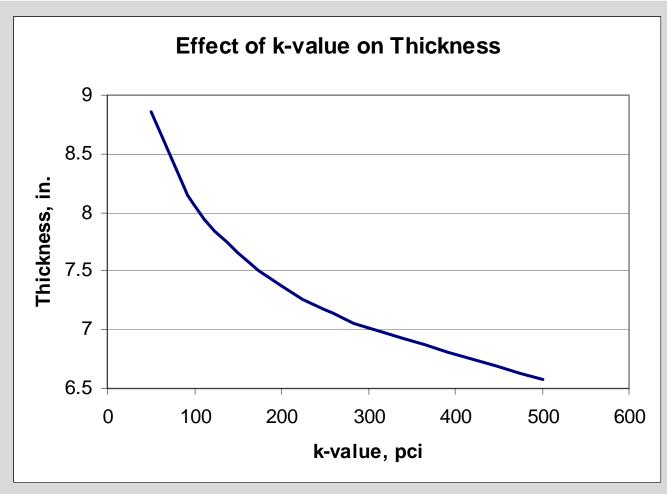
Approximate Soil Support Values

Туре	Amount of Support	Historical k- values (pci)	CBR (ASTM D1183)	R (ASTM D2844)
Fine-grained with high amounts of silt/clay	Low	75-120	2.5 - 3.5	10-22
Sand and sand-gravel with moderate silt/clay	Medium	130-170	4.5 - 7.5	29-41
Sand and sand-gravel with little or no silt/clay	High	180-220	8.5 - 12	45-52





Soil Support



Design Life = 20 yrs, Traffic Category = Major Arterial, ADTT = 1000, 2% Growth, k = 150, MR=600, E=4 mill psi, LT=Yes, ES=Yes, R = 85%, Cracking = 15%





Concrete Properties

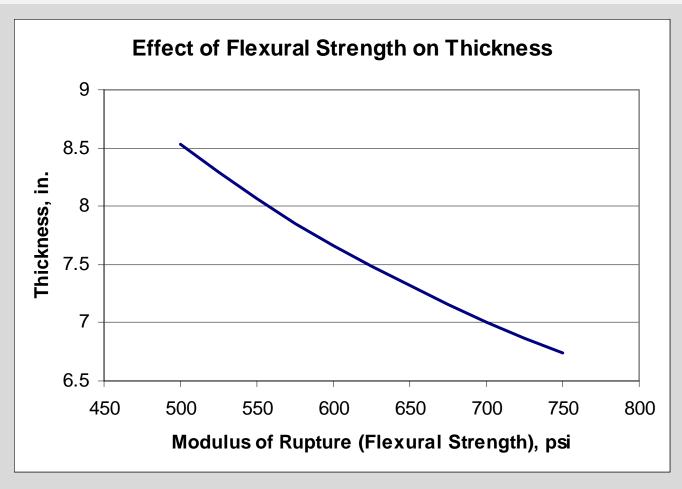
Compressive Strength, psi	Flexural Strength, psi	Design Thickness, inches
3000	450 – 550 (500)	9.0 (8.53)
4000	510 – 630 (600)	8.0 (7.66)
5000	570 – 710 (700)	7.0 (7.01)

Design Life = 20 yrs, Traffic Category = Major Arterial, ADTT = 1000, 2% Growth, k = 150, E=4 mill psi, LT=Yes, ES=Yes, R = 85%, Cracking = 15%





Flexural Strength



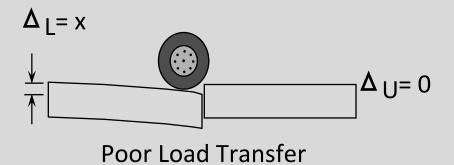
Design Life = 20 yrs, Traffic Category = Major Arterial, ADTT = 1000, 2% Growth, k = 150, MR=600, E=4 mill psi, LT=Yes, ES=Yes, R = 85%, Cracking = 15%

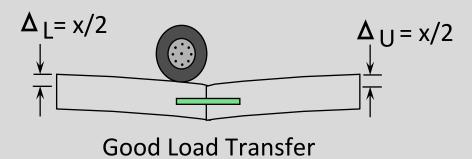




Load Transfer

- A slab's ability to share its load with neighboring slabs
 - Dowels
 - Aggregate Interlock
 - Concrete Shoulders
 - Tied concrete, curb & gutter, and widened lane are assumed to have same effect.







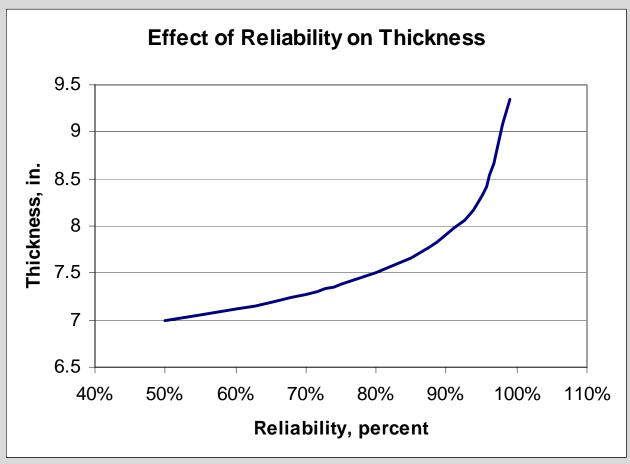
Reliability

- Factor of safety
- A measure of how likely the design will fail due to fatigue
- Can be used to
 estimate the amount
 of pavement repair
 required at the end
 of design period/life

Functional Classificatio	Recommended Reliability		
n of Roadway	Urban	Rural	
Interstates, Freeways, and Tollways	85 - 99	80 - 99	
Principal Arterials	80 - 99	75 - 95	
Collectors	80 - 99	75 -95	
Local Roads	50 - 80	50 - 80	



Reliability

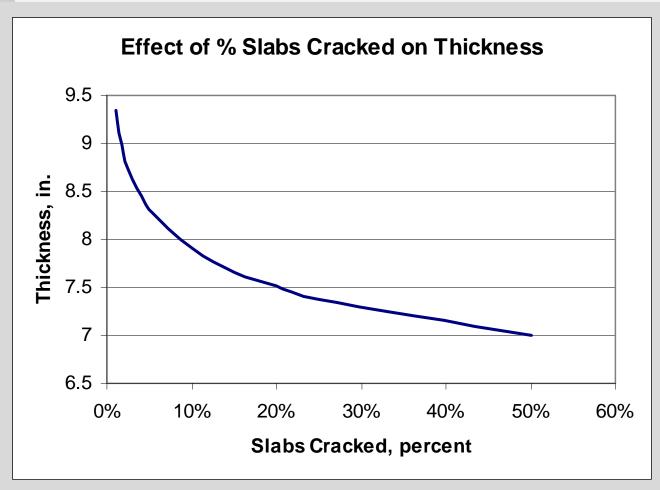


Design Life = 20 yrs, Traffic Category = Major Arterial, ADTT = 1000, 2% Growth, k = 150, MR=600, E=4 mill psi, LT=Yes, ES=Yes, R = 85%, Cracking = 15%





Cracked Slabs



Design Life = 20 yrs, Traffic Category = Major Arterial, ADTT = 1000, 2% Growth, k = 150, MR=600, E=4 mill psi, LT=Yes, ES=Yes, R = 85%, Cracking = 15%



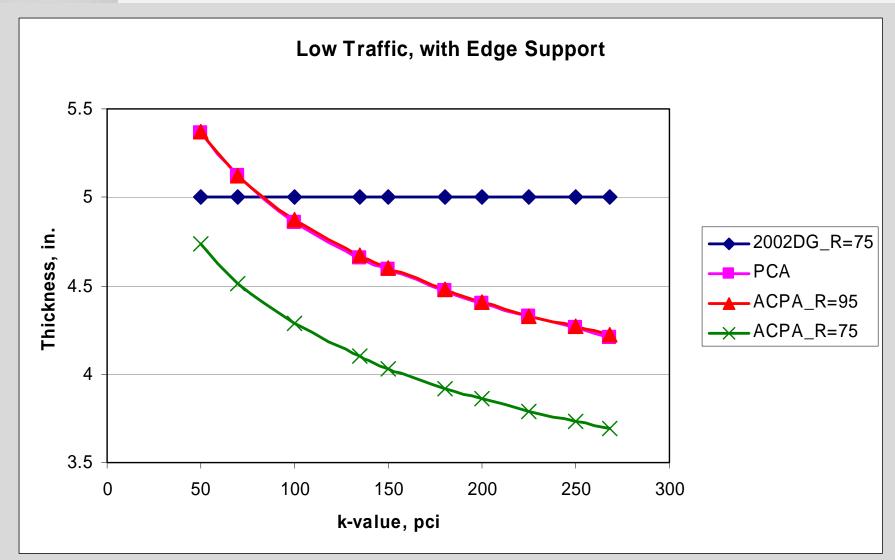


Comparison with MEPDG



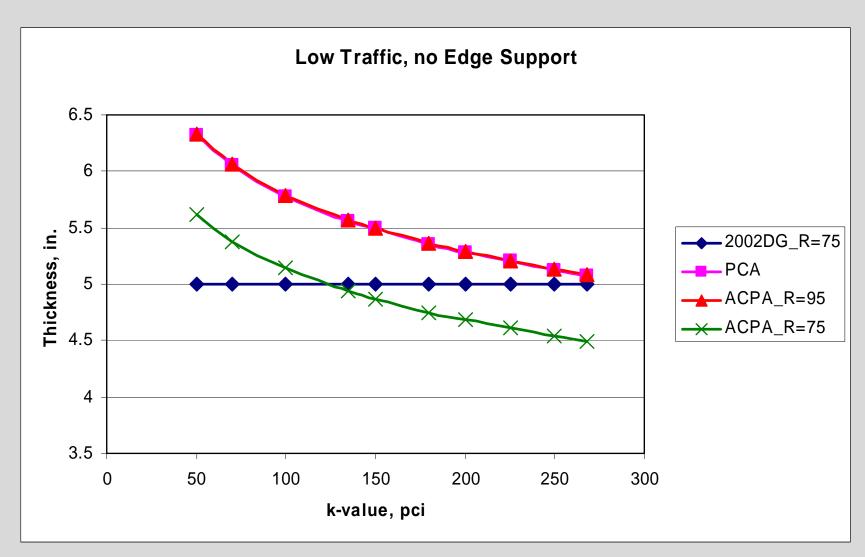


Low Traffic, w/ Edge Support



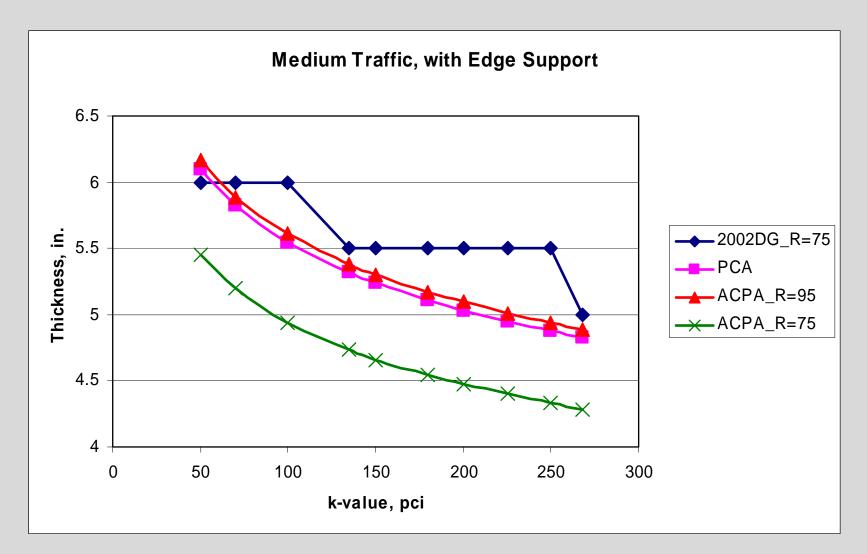


Low Traffic, no Edge Support





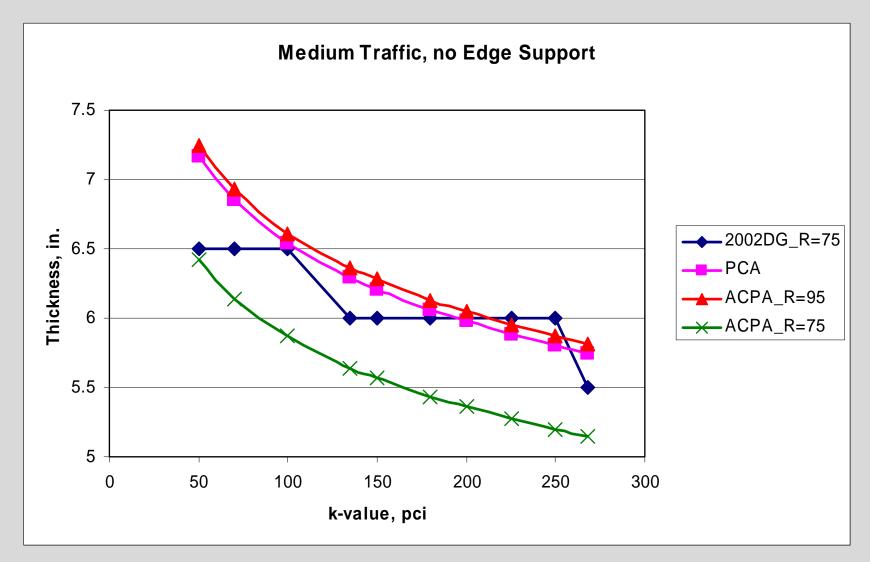
Medium Traffic, w/ Edge Support





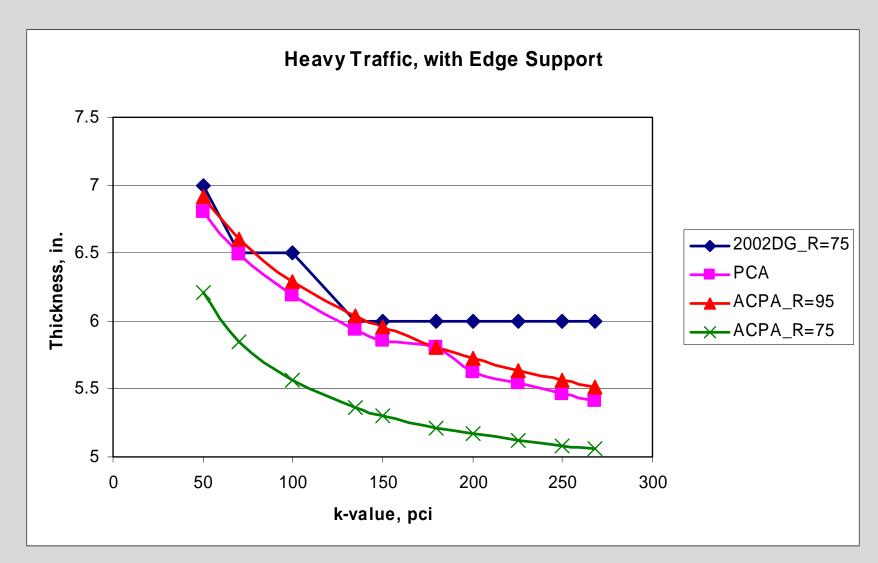


Medium Traffic, no Edge Support





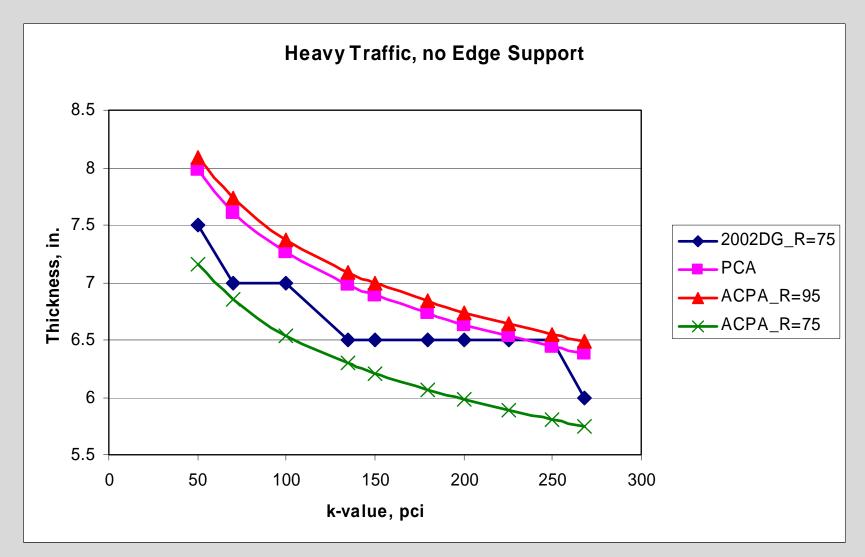
Heavy Traffic, w/ Edge Support







Heavy Traffic, no Edge Support

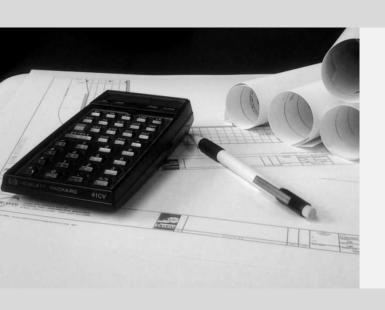




EXAMPLE

Street Pave





QUESTIONS?

