## Pavement Management: Accounting for Bicycle and Pedestrian Communities

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## **OVERVIEW**

- WSDOT Highways and Local Programs
- Why plan for pedestrians and bicyclists?
- The Planning Process
- Bicycle and Pedestrian Design
- Questions

# Highways & Local Programs

We provide educational, technical, and financial support with federal oversight to local customers to help them achieve their transportation goals...

- We are stewards of federal transportation funding
- We provide technical expertise and services related to federal and state requirements.
- We promote cooperative planning and partnerships.



## Highways & Local Programs

- Pavement Services
- Traffic Services
- Bridge Technical Services
- Community Design Assistance
- Environmental Services
- Training





### From Designing & Developing Streets for Everyone



### To Re-Designing and Re-Developing Streets







## **Protect Vulnerable Users**

- Growing at-risk groups
  - Young
  - Aging
  - Disabled
- 85% of pedestrian and bicycle fatalities occur in urban areas- primarily on arterials
- More than 35% of pedestrian deaths occur at unmarked crossings



## **Protect Vulnerable Users**

- About 15% of population has impairments which reduce and limit their mobility.
- Another 20% of the population has temporary mobility challenges at any given time.





## **Protect Vulnerable Users**

- A one mile reduction in speed can reduce the frequency of traffic collisions by 5%
- Slower traffic also means fewer pedestrian fatalities from collisions that do occur



## **Provide Mobility Options**

In Washington...

- More people bicycle and walk (13%) than take transit (5%)
- Bicycle commuting up 116% in WA over last 10 years
- 10% of all miles traveled are on foot or by bicycle



www.pedbikeimages.org / Dan Burden / Bellingham, WA

### Create Healthy, Livable Communities

Of all trips:

- 50% are under 3 miles
- 28% are one mile or less
- 72% of trips one mile or less are driven



www.pedbikeimages.org / Jennifer Campos / Vancouver, WA

# PLANNING PROCESS

Public Outreach Data Collection Walk/Bike Audits

# Public Outreach

- Invite stakeholders to walk audits
- Conduct interviews
- Hold public meetings
- Survey citizens
- Use informational webpages



## Data Collection: Collisions





## Data Collection: Existing Conditions



## Data Collection: Counts

Safe Routes to School Students Arrival and Departure Tally Sheet																															
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School Name: Teacher's First Name: Teacher's Last Name:															_																
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Grade: (PK,K,1,2,3) Monday's Date (Week count was conducted) Number of Students Enrolled in Class:																															
<ul> <li>Please conduct these counts on two of the following three days Tuesday, Wednesday, or Thursday. (Three days would provide better data if counted)</li> <li>Please do not conduct these counts on Mondays or Fridays.</li> <li>Before asking your students to raise their hands, please read through all possible answer choices so they will know their choices. Each</li> </ul>																															
Student may only answer once. • Ask your students as a group the question "How did you arrive at school today?"																															
Then, reread each answer choice and record the number of students that raised their hands for each. Place just one character or number in each hox.																															
Follow the s     You can con     Please conc	<ul> <li>Follow the same procedure for the question "How do you plan to leave for home after school?"</li> <li>You can conduct the counts once per day but during the count please ask students both the school arrival and departure questions.</li> <li>Please conduct this count regardless of weather conditions (i.e., ask these questions on rainy days, too).</li> </ul>																														
Step 1.         Step 2.           Fill in the weather conditions and number of students in each class         AM – "How did you arrive at school today?" Record the number of hands for each answer.           PM – "How do you plan to leave for home after school?" Record the number of hands for each answer.																															
	Weathe	r	Student Tally			Walk			Bike				School Bus				Family Vehicle			Carpool				Transit				Other			
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## Walking and Biking Audits



### **Bikeability Checklist**

#### How bikeable is your community?

#### Riding a bike is fun!

Bicycling is a great way to get around and to get your daily dose of physical activity. It's good for the environment, and it can save you money. No wonder many communities are encouraging people to ride their bikes more often!

#### Can you get to where you want to go by bike?

Some communities are more bikeable than others: how does yours rate? Read over the questions in this checklist and then take a ride in your community, perhaps to the local shops, to visit a friend, or even to work. See if you can get where you want to go by bicycle, even if you are just riding around the neighborhood to get some exercise.

At the end of your ride, answer each question and, based on your opinion, circle an overall rating for each question. You can also note any problems you encountered by checking the appropriate box(es). Be sure to make a careful note of any specific locations that need improvement.

Add up the numbers to see how you rated your ride. Then, turn to the pages that show you how to begin to improve those areas where you gave your community a low score. Before you ride, make sure your bike is in good working order, put on a helmet, and be sure you can manage the ride











### **BICYCLE AND PEDESTRIAN DESIGN**

- Obstacles
- Driveways
- Running & Cross Slope

- Gaps and Openings
- Surfaces











Sidewalk adjacent to curb with bike lane



#### Sidewalk with buffer



Consider the following:

- Who is crossing?
- Are there enough opportunities to cross?
- Are the crossings safe?
- Are there crossings for transit stops?



### Raised Medians vs. Two Way Left Turn Lanes







Pedestrian Refuge Islands

- 200'+ from intersection
- Good lighting
- Delineation and signs
- 45 angled degree cut







Curb Radii

- Tightening curb radii
- Include curb extensions
- Restricting right-turn-on-red by cars









**Raised Crossings** 

#### Marked Crosswalk





Spokane County

#### Rectangular Rapid Flashing Beacon



Interim approval for the use of RRFB's in WA

#### **Overhead Flashing Beacon**



#### Hybrid Beacon



#### **Bicycle Signal**



## Pedestrian-Scale Lighting

#### Sidewalk Illumination



#### **Crosswalk Illumination**



## Safe routes to transit

Transit stop with curb extension

Transit stop with accessible sidewalk and pedestrian lighting





## Roundabouts





## Bicycle Roundabout



# Signage, striping, markings

Shared Lane Markings

In Street Signs





WITHIN CROSSWAI

## Wayfinding







## Shared-Use Paths – Side Path

Before

#### After



Moses Lake – Longview Elementary

### Shared-Use Paths – Side Path



### Shared-Use Paths – Crossings









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**Bicycle Boulevard Intersection Treatment** 



## **Road Diets**





## Bike Lane Treatments

#### Bike Lane

#### **Contraflow Bike Lane**



www.pedbikeimages.org /Jennifer Campos



www.pedbikeimages.org /Dan Burden

### **Bike Lane Treatments**



## Bike Lane Treatments

**Buffered Bicycle Lanes** 

Bike Boxes and Green Colored Pavement





Interim approval for the use of green colored pavement in WA

# **Bicycle Parking**

Curb extension bicycle racks

On street bicycle racks



## **Green Colored Pavement**



• Conflict areas between bicyclists and motorists



## **Rumble Strips**



- Not installing rumble strips on designated bicycle routes and other roads where bicycling is expected
- Providing minimum shoulder width
- Adjusting placement of the rumble strips
- Providing gaps in regular intervals
- Adjusting rumble strips dimensions
  - Width: 5 inches
  - Depth: 0.375 inches, and
  - Spacing: 11 or 12 inches

# **Chip Sealing**



- Use a fine mix chip seal 3/8 in. (10mm) or finer
- Omit shoulders and/or bike lanes if in good repair
- If shoulder and/or bike lanes are included use 3/8 in. or finer for first pass and ¼ in. for second
- Sweep shoulder following chip seal operations

# QUESTIONS?

### **Resources...**

#### WSDOT's Community Design and Other Websites

<u>http://www.wsdot.wa.gov/LocalPrograms/Planning/ada.htm</u> <u>http://www.wsdot.wa.gov/LocalPrograms/ProgramMgmt/funding.htm</u> <u>http://www.wsdot.wa.gov/LocalPrograms/Training/default.htm</u> <u>http://www.wsdot.wa.gov/Walk</u> <u>http://www.wsdot.wa.gov/Bike</u>

#### **Contact WSDOT Community Design Assistance:**

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